

Recommended Video Library

BBC's Connections Season 1 (1978): I would call this the first Prepper series ever.

BBC's Victorian Farm and its follow up Tudor Farm: a group of academics live for a year on a farm with the technology of the period. Good reference for pre-electricity life.

The Great Courses' provide several excellent videos by a professor in each field, the courses cost money but if you get them on sale, you can typically get 70% off.

- Everyday Engineering
- Fundamentals of Sustainable Living
- How to Grow Anything series
- Medical School for Everyone series
- Medical Myths
- Introduction to Infectious Diseases, Microscopic World, and the Black Death
- Understanding the Human Body: an Introduction to Anatomy and Physiology
- History of Science: Antiquity to 1700

Reality TV: although designed to entertain, you can glean some applicable survival gems among a lot of extraneous information

- Alaska: The Last Frontier
- Man versus Wild
- Doomsday Preppers
- Survivor Man
- Alone

De Oppresso Liber